



St Mary's

We have Live Streaming of our 10.30am Sunday Service of said Morning Prayer this week and in subsequent weeks. www.stmarysealing.org.uk



MORNING PRAYER

Led by Angela Barnfather

Preacher: Steve Paynter

Theme: Stability: Knowing God in this community

Reading: Hebrews 10: 19 - 25

Mark 9: 30 - 37



Sunday 29 March

MORNING PRAYER

Led by Wai Meng Chow

Preacher: Steve Paynter

Theme: Stability: Knowing God in my place of work

Reading: I Corinthians 7: 17 - 24

Ephesians 6: 5 - 9

If you would like any information, please visit our Welcome Desk at the back of the church, where there will be someone happy to talk to you, or visit

www.stmarysealing.org.uk
(where you can also download our notice sheet and sermon).

If you wish to be prayed for, go to the chapel to the right of the altar immediately after you have received Communion or a blessing, where there will be members of the congregation who will pray with you. If it is Morning Prayer, please come up during the last hymn.

All services and activities are suspended until further notice.

We have Live Streaming of our 10.30am Sunday Service of said Morning Prayer this week and in subsequent weeks. You can access it by going to our website front page and clicking the U Tube Icon. This Sunday is Mothering Sunday as well as a National Day of Prayer.

We have Morning Prayer on Monday, Tuesday, Wednesday and Fridays, 8.45 – 9.15am in the body of the church, each week going forward. We will sit 2m apart and people are welcome to join us.

The church is open during office hours and all are welcome to come during those hours to sit quietly for stillness, prayer and reflection.

We have started a Coronavirus Buddy Scheme
Coronavirus Buddy Scheme
We have decided to run a “Buddy Scheme” during the present Coronavirus situation. This scheme will link helpers or “buddies” with those who need help during this time. The people needing help may be people who are self-isolating or indeed people who are unwell.

The scheme will provide:

- Support and friendship, such as regular phone calls
- Help with shopping and other errands such as collection of medicines
- Prayer support

If you are able to offer support to others during this time please let Sarah Marten (020 8991 2909/07973 511680, sarah.marten@btinternet.com or Jennie Paynter (020 8567 0414, jennierpaynter@gmail.com) know.

Equally if you need support during this time please let Sarah or Jennie know. They will match you up to a buddy.

The helpers will follow the latest advice about keeping safe. This might include leaving shopping on the doorstep rather than going inside.

You can also contact the church office on 020 8579 7134. Please do let the church office know if you are unwell.

As a church we want to do everything we can during this time to help people. Please let us know if you have any other ideas about how this can be achieved.

Many thanks to Sarah Marten and Jennie Paynter who are co-ordinating the buddy scheme.

Please let the office know if you are ill or isolating even if you do not need any assistance so that we can hold you in prayer.

At the moment we plan to hold a Good Friday 3Hours Meditation at the Cross, 12Noon until 3pm in church, with everyone sitting 2m apart or more.

We will also gather in church to Celebrate Easter Day at 10.30am for a Service of Holy Communion with sung praise, again sitting 2m apart.

The Church of England resources for prayer during the coronavirus pandemic can be found at:

Eg: <https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources>

The Archbishops have asked Christians to mark this coming Sunday 22 March as a day of Prayer and Action. Please remember your family, Community and the Nation on this day.

We will be holding a monthly St. Mary's Gardening Sessions in the Church Garden area on Saturday April 4th 10am – 12Noon. All are welcome who are physically well and symptom free.



It would be fantastic to have as many hands as possible, all working 2m or more apart, for some or all of those 2 hours. Its great exercise for the mind and body and the garden has the potential to look superb if we can continue to suppress weeds and plant natural, wild perennials. We aim to plant some wild meadow seeds this year. If you would like to be on the mailing list for the monthly gardening sessions please let Steve know at steve.paynter@stmarysealing.org.uk or 0208 567 0414. Thank you.

PLEASE PRAY OR GIVE THANKS FOR ...

* all those ill in body or spirit, lonely, depressed or recently bereaved.

Please let the church office know if you would like your name added or removed from the prayers.

THIS WEEK

Morning Prayer takes place in the church.
Monday, Tuesday, Wednesday and Friday at
8.45am

Tuesday

Babies and Toddlers are not meeting
until Tuesday 2 June

Wednesday

Polygonian Friends have stopped until
further notice

Church Office hours

Monday, Tuesday & Thursday 8.30am -
4.30pm Wednesday 9.15am - 4.15pm
Friday 9.15am - 4pm

A prayer for you to use

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us
from your love
in Christ Jesus our Lord.

THOUGHT FOR THE WEEK

“ Do not remember against us the
iniquities of our ancestors; let your
compassion come speedily to meet us
for we are brought very low”
Psalm 79 v 8

- when we go through dark times, we
can be reassured of God's love and
compassion for all his creation.

Noticesheet deadline: Please note
that requests for notices need to be
given to the church office by **11am**
on **Thursday** to be included in the
following Sunday's noticesheet.

DO WE KNOW WHO YOU ARE?

If you are new to St Mary's, and not yet
on our membership list, please consider
letting us have your details. You can fill in
the contact list update form available on
the Welcome Desk.

If you would like to know about **St
Mary's Stewardship Scheme**,
which enables you to give regularly
to the church, please contact the
Stewardship Recorder, Hazel Neaverson
on 020 8567 2619.

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Vicar: Steve Paynter 020 8567 0414