



November Shopping List

- Tinned Fruit & Vegetables – *including Tomatoes*
- Tinned Soup
- Long Life Fruit Juice & Squash
- Ready Made Custard – *tins or cartons*
- Vegetarian Chilli, Curry & Pies (*Fray Bentos*)
- Instant Coffee & Drinking Chocolate
- Tinned Fish
- Jam & Peanut Butter
- Shaving Gear – *foam & razors*
- Laundry Products – *powder, liquid, tablets (small amounts please)*

Thank you!

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