



## January Shopping List

- Long Life Fruit Juice & Squash
- Tinned Fish
- Kidney Beans
- Chick Peas
- Long Rain Rice – *1kg size please*
- Tinned Fruit
- UHT Milk – *whole milk or semi skimmed, **not** skimmed please*
- Shaving Gear – *Foam & Razors*
- Sanitary Towels – ***not** Tampons please*
- Nappies – Size 3, 4, 6

***Thank you!***

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