



August Shopping List

- Tinned Fish & Meat
- UHT Milk – *whole milk or semi skimmed, not skimmed please*
- Long Life Fruit Juice & Squash
- Coffee, Chocolate & Tea Bags
- Rice – *we have enough pasta at the moment, thank you*
- Tinned Soup
- Tinned Fruit & Vegetables
- Long-life Vegetarian Meals
- Ketchup & Mayonnaise
- Baked Beans
- Nappies – Sizes 4, 5 & 6

Thank you!

Keep up to date with @EalingFoodbank on

